

COURAGE

CHARACTER COUNTS



COURAGE MEANS HAVING THE GUTS TO ACT EVEN THOUGH YOU MAY STILL BE AFRAID.

Write down three ways you showed courage by conquering your fear; first, at Krav Maga, then, at school or work, and at home:

At Krav Maga: _____

At school or work: _____

At home: _____

What is the relationship between confidence and courage?

How are your actions sometimes controlled by your fears?



List five ways that you can show courage:

1. _____
2. _____
3. _____
4. _____
5. _____

"Be strong and courageous. Do not be afraid nor be discouraged, for YHWH your God will be with you wherever you go." - Joshua 1:9

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