

PATIENCE

**CHARACTER
COUNTS**



**PATIENCE MEANS YOU ARE ABLE TO WAIT YOUR TURN,
OR BEAR PAIN OR TRIAL WITHOUT COMPLAINING.**

Write down three ways you showed patience by waiting your turn for something without complaining about it; first, at Krav Maga, then, at school, and at home:

At Krav Maga: _____

At school : _____

At home: _____

How does developing patience affect your ability to deal with other people?

How does time management affect your patience?



List five areas that you need to demonstrate better patience in:

1. _____
2. _____
3. _____
4. _____
5. _____

"When your faith is tested, your patience has a chance to grow. So let it grow, for when your patience is fully developed, you will be strong in character and ready for anything." - James 1:3-4 NLT

Phoenix Krav Maga and Fitness
(623) 300-6114
<https://www.PhxKravFit.com/youth>