

# TRUTHFULNESS

# CHARACTER COUNTS



## TRUTHFULNESS MEANS THAT YOU ARE OPEN, HONEST AND ACCURATE IN YOUR STATEMENTS.

Write down three ways that you showed truthfulness by being honest even when it wasn't easy or comfortable; first, at Krav Maga, then, at school, and finally, at home:

At Krav Maga: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

At school: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

At home: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is it possible to be too truthful?

\_\_\_\_\_

\_\_\_\_\_

How does exaggeration affect others?

\_\_\_\_\_

\_\_\_\_\_



List five reasons why you should be truthful:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*"Therefore, putting away lying, "Let each one of you speak truth with his neighbor," for we are members with one another." - Ephesians 4:25*

**Phoenix Krav Maga and Fitness**  
(623) 300-6114  
<https://www.PhxKravFit.com/youth>