

COMMITMENT

CHARACTER COUNTS



COMMITMENT MEANS DEMONSTRATING A STRONG DEDICATION TO A CAUSE, PERSON OR RELATIONSHIP.

Write down three ways you have demonstrated commitment by showing strong, wholehearted dedication or devotion; first, at Krav Maga, then, at school, and at home:

At Krav Maga: _____

At school : _____

At home: _____

What is the relationship between commitment and investment?

What are the consequences of not being committed?



Who or what are you committed to? List 5 things, causes or people:

1. _____
2. _____
3. _____
4. _____
5. _____

"And we are instructed to turn from godless living and sinful pleasures. We should live in this evil world with self-control, right conduct and devotion to God." - Titus 2:12 NLT

Phoenix Krav Maga and Fitness
(623) 300-6114
<https://www.PhxKravFit.com/youth>