

KINDNESS

**CHARACTER
COUNTS**



KINDNESS MEANS DOING NICE THINGS FOR OTHERS OUT OF A HEART OF SERVICE TOWARD THEM.

Write down three ways that you showed kindness by serving the needs of someone else; first, at Krav Maga, then, at school, and finally, at home:

At Krav Maga: _____

At school: _____

At home: _____

Why should you expect nothing in return when you show a kindness?

How does being kind or serving others make you feel inside?



List five people in your life that you will show kindness to this month:

1. _____
2. _____
3. _____
4. _____
5. _____

"Make sure that nobody pays back one wrong act with another. Always try to be kind to each other and to everyone else." - 1 Thessalonians 5:15

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