

# ENTHUSIASM

**CHARACTER  
COUNTS**



**ENTHUSIASM MEANS BEING EXCITED AND PUTTING MY WHOLE HEART INTO WHAT I DO, NO MATTER HOW SMALL.**

Write down three ways you showed enthusiasm by keeping a positive attitude even at a time of personal failure; first, at Krav Maga, then, at school, and at home:

At Krav Maga: \_\_\_\_\_

\_\_\_\_\_

At school: \_\_\_\_\_

\_\_\_\_\_

At home: \_\_\_\_\_

\_\_\_\_\_

In what ways does enthusiasm influence your behavior?

\_\_\_\_\_

\_\_\_\_\_

What do you need to pair enthusiasm with to be effective (ex. Focus, Knowledge, etc)?

\_\_\_\_\_

\_\_\_\_\_



List five things you can be enthusiastic about:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*"Work hard and cheerfully at whatever you do, as though you were working for the Lord rather than for people." - Colossians 3:23 NLT*

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